



Spring Issue - #8
Spring 2014

The SDHA *Edge*

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The **SDHA Edge** is the newsletter publication for dental hygienists in SK. The newsletter is circulated in the fall, winter and spring seasons to inform members about issues that affect their dental hygiene practice. It has been designed to be a tool and resource for members to keep current on news, programs and services of the SDHA, new technologies and research, and a forum for discussion about current topics of interest.

Story ideas, articles and letters are always welcome. Please send your submission to sdha@sasktel.net.



ANNUAL GENERAL MEETING

Saskatchewan Dental Hygienists' Association

*Striving for optimal oral and overall health
for the people of Saskatchewan, and a
dynamic dental hygiene profession.*

SATURDAY, MAY 3, 2014
The Hotel Saskatchewan
Radisson Plaza
2125 Victoria Ave, Regina

1. SDHA AGM Agenda - 9:00 am to 10:30 am

1. Call to order
2. Appointment of Parliamentarian
3. Adoption of Agenda
4. Adoption of Minutes of AGM May 4, 2013
5. Council Report – Leanne Huvenaars - President
6. Registrar-ED Report – Kellie Hildebrandt
7. Financial Report - Fiscal Year 2012/13 - Janel Parkinson
8. Official Representative Reports, CDHA, PAC, Prof. Conduct Committee
9. Awards and Recognitions
10. New Business
11. Elections – Council Members (3) and Committees
12. Update from the NDHCB - Doris Lavoie, Executive Director
13. Ownership Linkage
14. Adjournment

2. Professional Development - 11:00 am to 4:00pm

What is Orofacial Myology? Vera Horn SDT, RDH, COM

This presentation on **Orofacial Myofunctional Therapy** promises to be one of insight into an area of study not very well known. You will learn through Vera's experience the :

- Description of orofacial myology and myofunctional therapy.
- Differences in resting tongue postures and resting lip postures
- Differences in swallowing patterns
- Description of orofacial myofunctional disorders and contributory factors related to these
- Goals and benefits of myofunctional therapy including case studies
- Information on membership with the International Association of Orofacial Myology
- Length of treatment
- Simple assessment strategies and referral sources

Come and learn how we as dental hygienists may incorporate orofacial myology into our dental hygiene practices and become a very useful link to facilitate better overall patient care in an inter-disciplinary fashion. I invite you to come and consider how we may potentially link oral and facial resting postures and swallowing patterns to symptoms that are requiring treatment for individuals of all ages in our society. For more information about orofacial myology, orofacial myofunctional disorders and certification criteria with the IAOM, please visit www.iaom.com.

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President's Message - Leanne Huvenaars

This has been a very long, cold winter. I hope that you have all found ways to enjoy your time indoors.

Council met in February 2014 for our first meeting of the calendar year. It was a very productive meeting and we have completed many things that have been in the works for the last year.

We have had some changes within Council. One of our public representatives, Bev Peel, has stepped down as she has taken a new job that puts her in conflict of interest with our council work. The government will appoint a new representative in the fall. We have a new CDHA representative from Saskatchewan, Janel Parkinson. She will assume the remainder of Chris Gordon's term.

Now is the time of year that Council is looking for new recruits and we have three positions to fill. If ever you have thought about joining, please consider putting your name forward. We are a very friendly, helpful Council. We would love to have your knowledge and passion for our profession showcased!!

I look forward to meeting the new Council representatives at our Annual General Meeting, in Regina on Saturday May 3, 2014, at The Hotel Saskatchewan.

Take care. See you all at the Annual General Meeting.

Sincerely,
Leanne Huvenaars, President



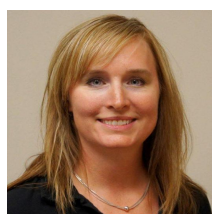
SDHA Council 2013-14: Council members continue to work hard on behalf of the people of Saskatchewan and our dental hygienists to impact the governance and direction of the SDHA.



Leanne Huvenaars
President,



Janel Parkinson
Vice-President



Devona Saul



Stephanie Canfield



Jaclyn Kozlow



Harmony Boisjoli



Diane Moore
SIAST Rep



Dr. Liz Domm
Public Rep



Sheila Torrance
Public Rep



Our Sincere Thanks!!

Bev Peel, an extremely valuable public member to Council, was required to resign due to a conflict of interest with her new employment. Council would like to offer our sincere thanks to Bev, for all her time, experience and knowledge offered during her time with us. A new public member will be appointed to the SDHA in the summer.



Bev Peel



SDHA Behind the Scenes

Kellie Hildebrandt, RDH, MBA - SDHA Registrar - Executive Director

You have heard it many times before that the SDHA serves as both the regulatory body and the professional association. What does that mean? How do we spend our time and resources to perform these roles?

Although there is some overlap or grey areas, hopefully I can shed some light on what I, Council and the employees do to ensure that we accomplish the goals of our organization.

As part of our regulatory responsibility, we:

- Advocate on behalf of the public;
- Have public members as part of the decision making;
- Ensure that all dental hygienists are registered and licensed;
- Develop regulations and guidelines; and
- Enforce standards of practice

As part of our professional association responsibility, we:

- Advocate on behalf of the dental hygienist;
- Address employment concerns; and
- Provide professional development opportunities

You may be wondering from the above description, what does that all mean? How do we do all of that? And perhaps, how can we successfully advocate for both the members and the public? Sometimes the needs of these two groups would differ significantly.

Prior to the fall 2013, the Registrar-Executive Director position was responsible for achieving this. In most other provinces, there are two organizations doing what we do as one. As well, they have multiple staff members. With only one person, it was very difficult to advance the profession and offer increased programs and services to both the members and the public. It is also very difficult to advocate for two different groups of people at the same time.

Currently, with the hiring of a Member Services Coordinator (Chris Gordon—10 hours a week), and an Administrative Assistant (Karen MacDonald—16 hours a week), we are now able to separate the regulatory and professional association responsibilities and really work at bettering the lives of both our dental hygienists and the people they serve.

As the Registrar, I spend most of my time in the regulatory aspect of things: developing registration and licensure documentation, approving new applications, meeting with government and other oral health profession groups, handling complaints, organizing Council and Committee meetings including the AGM, answering questions relating to the CCP, and so on. As Executive Director, I am also responsible for the operations of the organization: human resources, accounting, budgeting, strategic plan, etc.

In addition, relating more to the professional association side of things, I spend time: updating the SDHA website, posting employment opportunities, developing the newsletter, send-

ing email broadcasts, networking with other groups/people to ensure health promotion and public awareness, develop professional development courses, help plan the SOHP Annual Conference, just to name a few.

There are many meetings I attend including those of the National Certification Board (NDHCB), the Federation of Dental Hygiene Regulatory Authorities (FDHRA), SK Oral Health Professions, Maternal and Child Health, Long Term Care Strategy of SK, SK Oral Health Coalition, etc.

I am so grateful to have Chris and Karen to now help with all of this and they truly have been invaluable! With these positions being new, we are developing them from the ground up and learning as we go.

Karen, in an administrative capacity, processes CCP credit requests, answers questions relating to registration/licensure, processes new applications, helps develop documentation and really is my “go-to” person when I need any help. She is intuitive and independent; taking on tasks with only quick instruction or direction.

Through the carving off of the professional association responsibility from the regulatory to achieve very defined roles, Chris has been fantastic. She has such passion for our profession and vast experience that she is able to take ideas and make them happen. She is now planning professional development, working with the planning of the SOHP Annual Conference and working on member programs and services. Chris has decided to pursue advanced education in business and is now completing a Business Administration Certificate at the U of S, which I believe will be a huge asset to our organization.

Looking at what we are doing is great, but I believe looking at where we need to go, is key to our future success. Progress and advancement can only be achieved if you have a “big picture” in mind. Here is what we are working on:

- NDHW plans (see page 5)
- New practice guidelines to assist dental hygienists in their practice
- New Dental Hygiene Competencies document and legislation
- Increased opportunities for professional development
- Online registration for professional development
- Ability to print duplicate receipts from your member login online
- More recognition and celebration of dental hygienists and our profession
- 2015 Dental Hygiene Conference and 45th Anniversary Celebration

We work very hard for you and the public to achieve our goals. If you have any feedback or suggestions, please contact me. I have an open door policy and believe we can achieve more collaboratively as a team, than we can alone. Thanks for putting your trust in me.



April 6 - 12, 2014

National Dental Hygienists Week™ Oral Health For Total Health!

Celebrate National Dental Hygienists Week™

The month of April is Oral Health Month, and an important part of this celebration is National Dental Hygienists Week™, which runs from April 6 to 12. Focusing on the importance of maintaining good oral health practices while helping Canadians to understand the role of the dental hygiene profession in preventing and treating oral health problems, this annual event is sponsored by CDHA. The week's theme, "**Oral Health for Total Health**," reminds us that taking care of our mouth, teeth, and gums has a positive impact on other aspects of our lives.

How You Can Get Involved?

CDHA encourages dental hygienists across the nation to get involved in National Dental Hygienists Week™ to help increase awareness about the importance of good oral health. Join 26,800 dental hygienists who will be celebrating in diverse and creative ways, with community outreach events, contests, classroom presentations, mall displays, tours of dental offices, and much more!

Start by checking out CDHA's list of celebration ideas for the office, schools, community, and media. (Page 13 or www.cdha.ca)

Here's what the SDHA is doing this year:

- Distributing bookmarks to local libraries and book stores;
- Health promotion radio advertisements (Cool 98.3 and CJWW) to increase public awareness about oral and overall health, as well as the dental hygiene profession. Family oral baskets will be given out on air.
- Celebrate your dental hygienist contest
- News Releases in local newspapers

Help us spread the word. Visit www.cdha.ca/NDHW for all your campaign needs. It's full of useful resources, including a printable poster series, bookmarks and kids activity/colouring sheets, media tips, celebration ideas, logos, web banners, and more. You can use these materials to promote "Oral Health for Total Health" this week, throughout April for Oral Health Month, and even all year long!

Celebrate National Dental Hygienists Week™

SDHA Licenses Lapsed since January 15, 2014

The following list includes those individuals that have allowed their SDHA dental hygiene license to lapse; either through not meeting CCP requirements, not renewing their SDHA license as of January 15, 2014, or through voluntary license cancellation in good standing. The individuals listed below, currently do not hold an SDHA dental hygiene license and are not eligible to be practising dental hygiene in SK at this time. If you are knowingly aware of anyone listed below practising dental hygiene, they are doing so illegally. Please contact the SDHA office immediately. Thank you.

Leanna Batty
Chanda Bobinski
Kaitlyn Boozan
Joelle Burlock
Theadoshia Carefoot
Breanna Chrusch
Ashley Easthope
Harsimran Gill

Vaishali Girish
Bonnie Hallborg
Mary-Ann Kaszonyi
RoseMarie Kokotailo
Yaling Li
Mary Luterbach
Kerri Morales
Cynthia Mowat

Elizabeth Noyes
Charlotte Tasko
Keltie Ternes
Bailey West
Ashley Williams
Joan Williston

We want to Celebrate... YOU!!



Making a Difference Contest

The SDHA knows what a difference you make in your clients' lives and we would like to recognize YOU for the valuable contributions you make to both your clients and the dental hygiene profession!

We will be awarding one iPad mini to a nominated Dental Hygienist plus one iPad mini to the nominating client. With this newsletter, you will find an 8x11 poster to advertise the contest plus business card size information slips to hand out to clients.

We encourage you to:

- ⇒ Display the enclosed poster prominently at your work place
- ⇒ Talk to your clients and community about *Oral Health Awareness* and *Oral Health Month*
- ⇒ Discuss the role you play as a dental hygienist in oral and overall health
- ⇒ Discuss the contest with your clients and encourage them or your community to nominate you for this award.
- ⇒ Photocopy, cut, and distribute the enclosed nomination information cards to your clients
- ⇒ Deadline date is April 24th

The award will be presented at the SDHA Annual General Meeting on Saturday, May 3, 2014 in Regina.

Plan to attend...

SDHA's 45th Anniversary Celebration and Inaugural Dental Hygiene Conference

*Held in Conjunction with the SDHA AGM
Spring 2015 in Saskatoon*

Come and celebrate the dental hygiene profession with excellent professional development and special events.

If you wish to help with planning or have speaker/topic ideas, please contact Chris Gordon at: sdhamemberservices@sasktel.net



Changes Coming for 2015



The following changes were communicated at the SDHA Member's Meeting in Regina on September 19, and will be republished throughout 2014 so that all SDHA members are informed.

1. Change to Year End

Currently, the SDHA has 4 year-end dates:

- January 15 - license expiration
- June 30 - fiscal year-end
- October 31 - CDHA membership
- December 31 - CCP Reporting Period

For the following reasons, Council has decided to change the year end dates to **October each year:**

- December/January is a busy and stressful time of year for everyone;
- SDHA members do not qualify for CDHA renewal incentives/contests that are offered in the fall;
- CDHA waits until January to receive money/info from the SDHA and this has the potential to interfere with CDHA services, etc;
- There is confusion for SDHA members whether they have to renew their CDHA membership separately in the fall when they receive notices from CDHA;
- Our financial statements are presented to the membership 9 months after the fiscal year end of June 30th;
- The Alberta and Nova Scotia dental hygienists' organizations who also serve as the regulatory body and professional association, changed their year end date to coincide with CDHA years ago and have had a positive result; and
- There was a desire to make SDHA processes more efficient.

The changes that will impact the membership most significantly is the end of the CCP reporting period and the license renewal deadline. ***Effective 2015, the new dates will be:***

- ⇒ ***CCP Reporting Period End: October 15***
- ⇒ ***License Renewal Deadline: October 31***
- ⇒ ***License Year: November 1 thru October 31 annually***

In order to implement this change, the following will occur:

- January 2015 – the SDHA will license members from January 15, 2015 through October 31, 2015
- Fees will be prorated: because this will be 82% of year, the fees will be 82% of total license
- License renewal deadline - October 31, 2015 - full fees required for November 1, 2015 thru October 31, 2016 license year
- CCP Reporting period deadline for those with Jan. 1, 2013 thru December 31, 2015 reporting periods will be October 15, 2015

2. Fee Increase

In conjunction with this year end date change, SDHA fees will increase. As time goes on, less percentage of revenue is generated and operational costs are increasing. In addition, as we increase programs and services, health promotion and public awareness, more funds are required.

Change to coincide with year end change:

- **January 2015**
 - License fee increased to \$600.00 for a full license and \$300.00 for a Non-Practising.
 - With the year end change, licenses will be issued from January 15 through October 31, 2015. 82% of year = 82% of fee. So by January 15, 2015, the following will be due:
 - 82% of \$600 (Full) = \$492.00 82% of \$300 = \$246.00
- **October 2015** Full license = \$600 Non-Practising = \$300



EFFECTS

- ⇒ ***LICENSE TWICE IN 2015***
- ⇒ ***2 MONTHS LESS FOR CCP ACTIVITIES/COURSES in 2015***

FEES ONGOING:

1. **Cost of Living Increase Annually:** Rather than doing a lump sum fee increase every 4 or 5 years, with diminishing revenue in each year within that period, you will see us attempting to "keep up". Cost of living increases will be made to license fees annually which will result in a marginal change each year. For example i.e. 2015 is \$600, 2016 would be \$618.
2. **Other Fees:** Other SDHA fees will be charged and be increasing:

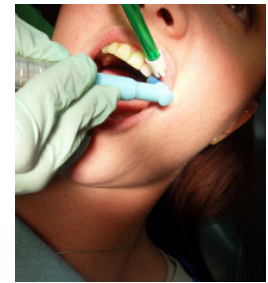
| FEE | CURRENT | Fees: 2014/2015 |
|-----------------------------------|---------|-----------------|
| Initial Registration Fee | \$100 | \$150 |
| Reinstatement Fee | \$50 | \$150 |
| Duplicate Receipt/Certificate Fee | \$0 | \$25 |

Please contact the SDHA office with any questions or concerns.

Do People With Artificial Hips and Knees Need Antibiotics Before a Dental Visit?



CDA Position on Dental Patients with Total Joint Replacement



Preamble

The issue of whether patients with orthopedic implants, primarily total hip and knee replacements, are prone to implant infection from routine dental procedures via hematogenous seeding of the implant from dental-procedure-related bacteremia has been a controversial topic for dentists, physicians and patients alike.

Background

In 2003, the American Dental Association (ADA) worked with the American Academy of Orthopaedic Surgeons (AAOS) to issue a joint statement concerning antibiotic prophylaxis for dental patients with total joint replacements which was endorsed by CDA. Unfortunately, in 2009 the AAOS forced the withdrawal of the joint statement when it issued an Information Statement (revised in 2010) independently of the ADA. After reviewing the AAOS statement, CDA concluded that adhering to its recommendations would result in an over prescription of antibiotics. Therefore, CDA maintained its support for the approach recommended in the withdrawn 2003 statement.

In 2012, the ADA and the AAOS released a co-developed evidence-based guideline on the Prevention of Orthopaedic Implant Infection in Patients Undergoing Dental Procedures. The clinical practice guideline, with three recommendations, is based on a systematic review of the literature. (The complete review is available at www.aaos.org/guidelines.) The systematic review found no direct evidence that dental procedures cause orthopedic implant infections. This finding is consistent with the advice of a Working Party of the British Society for Antimicrobial Chemotherapy that patients with prosthetic joint implants (including total hip replacements) do not require antibiotic prophylaxis for dental treatment.

Position Statement

Based on the current best available evidence, CDA guidance concerning the management of dental patients with orthopedic implants is:

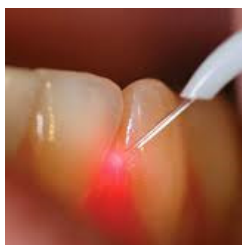
1. Patients should not be exposed to the adverse effects of antibiotics when there is no evidence that such prophylaxis is of any benefit.
2. Routine antibiotic prophylaxis is not indicated for dental patients with total joint replacements, nor for patients with orthopedic pins, plates and screws.
3. Patients should be in optimal oral health prior to having total joint replacement and should maintain good oral hygiene and oral health following surgery. Orofacial infections in all patients, including those with total joint prostheses, should be treated to eliminate the source of infection and prevent its spread.

CDA Board of Directors Approved: November 2007 Revised: June 2013

SIAST DENTAL DAY— April 26, 2014

The third annual Dental Day is being held on Saturday, April 26, 2014 from 9AM-2PM at the SIAST Dental Clinic. The event is sponsored by Henry Schein, Sinclair Dental, Dentsply, and Oral B. 9 dentists have volunteered so far but we are looking for 3-4 more. There is also still a need for dental assistants to volunteer. Lunch will be provided for all volunteers! If you or anyone you know would like to take part in the event, please contact Dean Lefebvre at lefebvre@SIAST.SK.CA.





SDHA Laser Policy Position Statement

Over the past several months, a working group established by the SDHA Council has been reviewing the research and assessing the risks and benefits of laser usage for periodontal treatment.

The SDHA has adopted the following position regarding laser usage for the Registered Dental Hygienist:

*The Saskatchewan Dental Hygienists Association (SDHA) does **not** allow the use of lasers in the treatment of periodontal disease, or other oral conditions.*

The SDHA has adopted this position, effective February 2, 2014, because through the review of research and consultation with the Saskatchewan periodontal community, there is a lack of scientific evidence on the efficacy of lasers in the treatment of periodontal disease.

In addition, it is important to note that lasers have the potential to cause permanent thermal damage to bone and tooth root structure if used inappropriately. It is the SDHA's primary responsibility to ensure public safety.

The Canadian Academy of Periodontology (CAP) and the American Academy of Periodontology (AAP) do not recommend or support the use of lasers in the treatment of periodontal disease.

The research and position statements of the CAP and AAP will be reviewed bi-annually to ensure that current research is being considered to guide future SDHA policies.

The SDHA does approve the use of "cold lasers" including PerioWave for the purpose of photodynamic therapy.

The treatment of other conditions including cold sores, aphthous ulcers, dental sores, lichen planus, and coated or geographic tongue are not within the dental hygiene scope of practice.

If you are a registered dental hygienist utilizing lasers in your course of treatment, please discontinue its usage effective immediately.

If you have any questions regarding this policy, please contact Kellie Hildebrandt, Registrar-Executive Director at sdha@sasktel.net.

WHO DO I CONTACT??

- Registration/Licensure/Renewal questions
- CCP credit/transcript questions
- Reset SDHA website password
- Change of contact information



Karen MacDonald, Admin Assistant
306-931-7342 ext 2
sdhaadmin@sasktel.net

- Professional Development Course registration and questions
- Member Resources inquiries



Chris Gordon, Member Services
306-931-7342 ext 3
sdhamemberservices@sasktel.net

- Legislative or scope of practice questions
- Complaints
- Infection Prevention & Control Standards



Kellie Hildebrandt, Registrar-ED
306-931-7342 ext 4
sdha@sasktel.net

2013 Mary Geddes Memorial Award

Congratulations to Samantha Stewart, 2013 Recipient of the Mary Geddes Memorial Award.



In 1980, the first class of Saskatchewan Dental Hygienists graduated from Wascana Institute. In 1991, the SDHA initiated a "Mary Geddes Memorial Award" for a graduate of the program. Mary Geddes (nee Brett) was the first dental hygienist to register in Canada, with the College of Dental Surgeons of Saskatchewan (CDSS) on April 1, 1950.

The annual recipient of this award is chosen by the SIAST dental hygiene program director and instructors and must meet the following criteria:

- Show interest in oral and personal hygiene
- Be able to communicate effectively with clients
- Be self-motivated and be able to pass this on to their clients
- Show individualized management of clients
- Display interest and involvement by developing own audiovisual aids
- Be successful in all other areas of study

Samantha is a Registered Dental Hygienist currently working at Aloha Dental in Regina, SK. She earned her 2 year diploma at SIAST Wascana Campus in 2013. Prior to attending SIAST she studied four years of undergraduate studies at the University of Regina. In addition to her career as a Dental Hygienist, Samantha also works as a Pharmacy Technician at Shoppers Drug Mart. Samantha enjoys spending time at her family cottage in Katepwa, reading, and walking her dog at the dog park. At the age of 24, her future plans focus on career development and saving up to buy a house!

Samantha Stewart

Professional Image-Who Are You?

By Chris Gordon, Member Services Coordinator

I have been a dental hygienist for 24 years. I find that hard to admit as it really has gone by very quickly. I am very proud of our profession and feel that I have helped so many people. Don't get me wrong though, there are lots that I haven't helped. But I gave it a good try. I look back at all the advancements in our profession over the years, but recently there has been a lot of discussion from dental hygienists across the country regarding our professional image. This is a discussion that has been ongoing for my entire 24 year career and likely longer.



I consider myself a primary health care provider (not the cleaning lady)! Everyday, for every patient, I welcome them to their hygiene appointment (not their cleaning); review their medical history (usually with a story or two that I listen to with great respect), I take radiographs when needed, always screen for oral cancer, discuss nutrition, record all my findings, probe and record the depths, scale and root plane, prophylaxis as needed, review their oral hygiene and suggest ways of improvement. Sure I can help to get their teeth whiter, but let's get rid of the disease first! I discuss the oral systemic link with patients, that the priority is not to make them look better, but to improve their overall health!

⇒ **How do you see your professional image?**

⇒ **What do you think your patients see?**

⇒ **Are you just "cleaning" their teeth or are you improving their overall health?**

Along with the SDHA, I am committed to our professional image and celebrating what dental hygienists do each and every day! We are more than "cleaning ladies", "gum gardeners", or any such term you may have heard. Plan to come together and celebrate what we have to offer at the Inaugural Dental Hygiene Conference in the Spring of 2015! Looking forward to seeing you there.

CC Corner: Supporting Professional Development SAVE THESE DATES!!



1. **Saturday, April 5, 2014 - Aboriginal Awareness & Motivational Interviewing**
 - o 9:00am to 4:00pm
 - o Western Development Museum, Saskatoon
 - o Dr. Rosamund Harrison & Elodie Jordens
 - o Contact the SDAA at 306-252-2769 to register
2. **Saturday, May 3, 2014 - SDHA AGM and Professional Development**
 - o 9:00am to 4:00pm
 - o The Hotel Saskatchewan, Regina
 - o Topic: *Orofacial Myology - Addressing Functional Patterns* - Vera Horn
 - o Online Registration will be available at www.sdha.ca at the start of April
3. **Thursday, May 29, 2014 - eCPS (Online Compendium of Pharmaceuticals and Specialties)**
 - o 7:00pm to 9:00pm
 - o Saskatoon, venue TBD
 - o Instruction & information on how to use the eCPS - Michael Gaudette
 - o Online registration will be available at www.sdha.ca at the start of April
4. **Thursday to Saturday—September 11-13, 2014**
Saskatchewan Oral Health Professions Conference in Conjunction with the Canadian Association of Public Health Dentistry—Saskatoon

Online Continuing Competency Opportunities

If you are looking for online continuing competency opportunities, here is a list of courses/webinars available to all SDHA members.

This is what is available on the CDHA Website: www.cdha.ca

Online Courses:

Elder Abuse and Neglect for the Dental Hygienist
Oral Cancer Awareness: 4 Life Saving Minutes
Self-Initiation for Dental Hygienists
Your Vision of a Dental Hygiene Practice
Negotiation
Interpersonal Skills
Work and Personal Life Balance
A Healthy Work Place
Tobacco Cessation
The Professional Role
Difficult Conversation



Others:

- Dentistry Today
- Hygienetown
- Health Studies Institute
- Dental Learning Network
- DVD Quarterly for Dental Hygienists
- Dental Learning Network: www.fice.com
- Dimensions of Dental Hygiene: <https://ce.dimensionsofdentalhygiene.com/courses.asp> (Belmont)
- Arc Mesa: www.arcmesa.org/ (Pharmacy Times)
- American Dental Hygienists Association www.adha.org/careerinfo/continuing_education.htm
- Crest Oral B/Proctor and Gamble, also known as Dental Resources www.dentalcare.com
- I Need CE www.ineedce.com (Penwell, Hu-Friedy)
- INR/Biomed 50% credit for paper based learning
- Colgate Oral Care (Forsyth Inst)

Online CDHA Webinars:

Findings from the Job Market and Employment Survey
Ready, Set, GO! Demystifying claims & codes
Oral Probiotics in Everyday Practice
The Role of Dental Hygiene in Implant Maintenance
Therapeutic Oral Rinsing: Why it's not just brushing and flossing anymore!
Introduction to Lasers for the Dental Hygienist
One-to-one dietary interventions in dental practice
Professional Liability Insurance. Your Best Preventive Strategy!
Neuro-musculoskeletal (NMSK) injuries - Webinar Series
CDHA Job Market and Employment Survey
The Changing Face of Dental Hygiene Employment in Canada
Abuse of Older Adults Webinar series
Sun life: Critical Illness Insurance
Canadian Health Measures Survey 2007-2009
Oral Cancer: An Approach to the Changing Trends
The Path to Private Practice
ETP Competencies & Standards for Canadian Dental Hygienists
Fluoride Toothpastes in Children and Adolescents
Canadian Cochrane Network and Centre Webinar Series
Student Membership Presentation



New CDHA Benefit!

Access to Compendium of Pharmaceuticals & Specialties
(a \$246.00 value!)



The e-CPS included with CDHA membership fee!

CDHA is pleased to announce a brand new exclusive benefit, **not available through any other dental hygiene association.**

All CDHA members have free access (a \$246 value!) to the online, bilingual Compendium of Pharmaceuticals and Specialties – e-CPS. Keep abreast with the rest on Drugs in Dentistry!

Features:

- Drugs in Dentistry under the Clin-Info tab
- Current Canadian information on more than 2000 products (drugs, vaccines, medical devices and natural health products)
- Quick and easy search functionality by brand name, generic name, therapeutic class, manufacturer and DIN or NPN
- Health Canada advisories and warnings linked directly from product monographs
- Product images search functionality by shape, colour and more
- Handouts for patient drug information
- Updated bi-weekly
- A bilingual product

Join us on Thursday, May 29, 2014 - eCPS Seminar

- **7:00pm to 9:00pm**
- **Saskatoon, venue TBD**
- **Instruction & information by Michael Gaudette**

You are well aware of the importance of dental hygienists having a drug reference book or electronic resource on hand in order to review medication side-effects and contraindications for clients. The Canadian Pharmacists Association's online Compendium of Pharmaceuticals and Specialties, known as e-CPS, is an easy-to-use resource that can provide you with web access to the most current Canadian drug information available. This time-saving resource contains thousands of Health Canada-approved drug monographs, links to Health Canada advisories, printable information for clients, searchable product images and more; and is provided as a free member benefit to CDHA.

Join Michel Gaudette of the Canadian Pharmacists Association for this interactive hands-on seminar and learn how to effectively use and incorporate e-CPS into your practice.

Online registration will be available at www.sdha.ca at the start of April



Celebration Ideas

Oral Health Month & National Dental Hygienists Week (NDHW)

Promote awareness about oral health in your community by using our celebration ideas or your own creative concepts. Even picking just one activity to take our message out into the community will make a difference, raising the

profile of the profession and highlighting the value of dental hygienists.

Check out all the supporting materials and resources at www.cdha.ca/NDHW that can help you carry out your events.



In your office

- Label all out-going mail with NDHW stickers.
- Construct a Wall of Smiles bulletin board – posting all your clients' healthy smiles (with permission).
- Hand out NDHW Smile Certificates to children.
- Download NDHW screen saver or video and put it on clinic waiting room/operator room screens/monitors.
- Plan a "toothfairy" themed day at the clinic.



In your community

- Ask your local library or bookstore to set up a display featuring oral health themed books.
- Ask local hotels, malls or other businesses to announce Oral Health Month or NDHW on their outdoor billboards.
- Visit your local arena to host a mouthguard fitting session.
- Supply oral health info flyers to local stores to be included in shopping bags.



In schools

- Promote a sugar free day in local schools. Organize a snack raid at a local school, examining, recording then discussing nutrition and oral health.
- Visit high school health classes to talk about risky behaviors like smoking, oral piercing, HPV.
- Prepare a Teacher's Kit with activity and fact sheets about childhood oral health issues and deliver it to local schools.



Online & Media

- Record and post a YouTube video on proper brushing and flossing techniques.
- Inform local radio and television stations about Oral Health Month and NDHW and offer to be interviewed on air.
- Ask the local newspaper to publish an oral health fact of the day/week during NDHW or the month of April.

Check out www.cdha.ca/NDHW for the full list of celebration ideas.

Be sure to share whatever you do with marketing@cdha.ca so you can make this list next year and be considered for one of our awards.

Good Luck & Have Fun!



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Kristy Semko
Territory Manager
Chairside Division
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The SDHA will have this kit and other re-
sources available for borrow.

Please contact us if you are interested in
health promotion activities.



Become a Peer Tutor !!

The dental hygiene students at SIAST are look-
ing for experienced dental hygienists in the
Regina area to be peer tutors.

If you have some spare time in the evenings
and/or weekends and would like to earn some
extra money, please contact SIAST Wascana
Campus (Regina) Learning Services, Room
207.12 (library) at 306-775-7729
or email LACwascana@siaast.sk.ca.
CCP credits are also granted for tutors.



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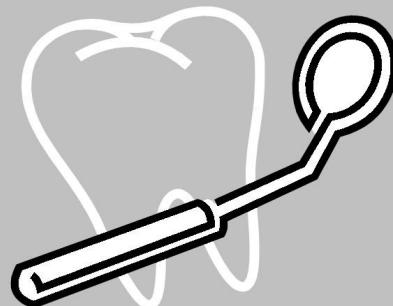
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Your Employee and Family Assistance Program (EFAP) launching November 1

The EFAP is a free and confidential counselling and wellness service for members and their eligible family members, provided through Homewood Human Solutions™.

Here when you need it...

Everybody encounters difficult or stressful events in their lives. At times, these challenging experiences can interfere with our health and happiness both at home and work.

Your EFAP provides completely confidential counseling for a broad range of personal, work-related, health, and familial issues. Services can be accessed either over the phone or through our internet site:

www.homewoodhumansolutions.com

What does the Program offer?

Counselling Services:

The EFAP program offers professional assessments, guidance, and counselling (and referrals when required)

Plan Smart — Lifestyle and Specialty Counselling Services

You can receive expert coaching and support to better manage your life, health, and career. Plan Smart services are preventative supports and resources, customized for your needs based on your assessment with the counselor.

Online Resources

Access our member website anytime for e-learning courses, interactive tools, health and wellness assessments, and a library of health, life balance, and workplace articles.

What about Confidentiality?

Homewood Human Solutions counsellors are required by law to maintain the strictest confidentiality. Everybody who inquires about services available through their EFAP program will not be identified to anybody including their employer.

Crisis Line (available 24 hours a day, seven days a week)

In times of crisis and emotional distress, Homewood Human Solutions staff are prepared to take your call 24 hours a day, seven days a week. Help is always available.



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