

## CDHNS Virtual Continuing Competency Event:

# Enriching Awareness of the Dental Hygienist

Clinically, ethically and personally

Saturday, November 20, 2021

Time: 9:00 am - 4:00 pm

The entire continuing competency event will be held virtually. It will be live-streamed for all registered participants.

- Advance registration is required
- There is a fee to attend this event
- A post-test will be provided to registrants following the event, based on whether you registered for a half or full day

**Registration opens on Tuesday, October 12, 2021.** \*Those who register and pay prior to the Early Bird deadline will have their names entered into a draw for free registration.

Program at a Glance		Credit Hours	Category
9:00-11:00 am	<b>Providing Trans Inclusive Care</b> Presenter: Nolan Pike	2	1
11:00-11:10 am	Break		
11:10-12:10 pm	Hidden in the Shadows: Caries Diagnosis for the Dental Hygienist Presenter: Kim Haslam	1	1
12:10-12:40 pm	Lunch		N/A
12:40-1:40 pm	<b>Social Media and the RDH</b> Presenter: Marjorie Hickey	1	3
1:40-1:50 pm	Break		
1:50-2:50 pm	<b>Dentinal Hypersensitivity- Etiology,</b> <b>Diagnosis and Management</b> Presenter: Heather Doucette	1	1
2:50-3:00 pm	Break		
3:00-4:00 pm	<b>Periodontal Classification: What We Need</b> <b>to Know</b> Presenter: Dr. Haider Al-Waeli	1	1

\*Please note: Each presenter will provide a post-test evaluation of their session. Following the event, each registrant will be sent the appropriate post-tests, based on the sessions they registered to attend.

## **Continuing Competency Event Details:**

Providing Trans Inclusive Care

9:00 am - 11:00 am



#### Nolan Pike, BA

#### Session Summary

This session will help participants gain a better understanding of how to ensure that the services we offer are inclusive for transgender and gender variant community members. This workshop will begin by exploring basic concepts and will move on to debunk common misconceptions about the trans community. With this new solid understanding, we will look at the practical and specific things we can do to address the very common barriers faced by transgender folks when accessing services. All equity educate workshops are designed to foster an engaging, comfortable and fun environment, where participants are able to ask questions and learn through discussion.

Nolan Pike has been working as a community educator and speaker for almost a decade. As a proud queer and transgender person, Nolan has a passion for helping organizations become more inclusive of the LGBTQ+ community. Since founding Equity Educate, Nolan has travelled internationally working with schools and other organizations to build more inclusive environments. He has conducted hundreds of workshops and worked with a tremendous number of inspiring allies. Equity Educate has provided training for public and private schools, post-secondary institutions, businesses, hospitals, law enforcement, prison facilities, government agencies, camps, shelters, women's centres, and other not-for-profit organizations. Nolan believes deeply in the power of storytelling to inspire change and endeavours to create engaging learning environments where participants feel able to ask questions and engage in discussion. In addition to workshops and speaking engagements, Nolan offers a range of consulting services and has worked with numerous organizations to help them evaluate potential inequities in their services, as well as helping organizations draft LGBTQ+ inclusive workplace policies.

#### Hidden in the Shadows: Caries Diagnosis for the Dental Hygienist

11:10 am - 12:10 am

#### Kim Haslam, Dip DH, BA, MEd

#### Session Summary

Traditionally, caries detection and diagnosis has been accomplished tactically using the shepherd's hook explorer to depress into areas of suspicion. As our understanding of carious lesions has evolved, so too have the methods used to clinically and radiographically detect and diagnose these lesions. This presentation will equip the practicing dental hygienist with knowledge of best practice standards for caries coding and diagnosis as outlined by CariesCare International; a leading organization committed to a client-centered and risk-based caries management model. This 4-step plan consists of: 1) Determining caries risk; 2): Detection of lesions, including staging their severity and assessing their activity status; 3) Deciding on the most appropriate care plan for the specific client; 4) Preventive and tooth-preserving care (including risk-appropriate preventive care; control of initial non-cavitated lesions; and referral to a DDS for conservative restorative treatment of deep dentinal and cavitated caries lesions).



Kim worked as a clinical dental hygienist in private practice from 1985 to 2017 and in 1992, began her teaching career as a clinical instructor with Dalhousie University's School of Dental Hygiene. Since 2014, she has been acting as a full-time Assistant Professor with the School of dental Hygiene. Kim has been actively involved in the clinical and didactic teaching of Radiology since 2014 and assumed the position of Course Director for Radiology in 2017. In addition to several research publications in the CJDH, she was the author of the article "I Don't Want Radiographs" published in the College of Dental Hygienists of Nova Scotia Unison Newsletter, 2019 48:2.

#### Social Media and the RDH 12:40 pm – 1:40 pm

### Marjorie Hickey, QC

#### Session Summary

Many dental hygienists use social media for a variety of purposes in their personal and professional lives. Recently, regulators across a variety of professions have been addressing circumstances where their registrants have used social media respecting personal, professional and political matters, only to find there are licensing implications.

This session will explore when a regulator can look into your social media use and how, when you might least suspect it, your social media use may create licensing and disciplinary consequences for you.

Marjorie has a varied litigation and administrative law practice with a focus on regulatory and liability issues for professionals. As legal counsel to the regulators of many professions, she provides assistance in various capacities, including the investigation of complaints and the prosecution of disciplinary matters. She also chairs adjudicative panels for discipline matters and acts as defence counsel for professionals. She appears before all levels of court in Nova Scotia and before administrative tribunals.

In her work for professional regulators, Marjorie has provided innovative solutions to disciplinary and other regulatory matters, and is resolution oriented. She has assisted regulators in drafting legislation and bylaws concerning their regulatory functions, including designing investigative and disciplinary processes that provide flexible and fair procedures for respondents, witnesses and the regulators. She provides training and strategic policy and operational advice for self-governing organizations, ensuring their public interest mandate is always at the forefront. She is a frequent lecturer on matters involving the regulation of professionals.

Marjorie has served in a variety of capacities outside of her legal practice, including as President of the Nova Scotia Barristers' Society, a Commander in the Naval Reserve for 35 years, and Chair of Commissionaires Nova Scotia. She has been recognized by her peers and others for her professional and community achievements through receipt of various awards, including the Bar Society's Distinguished Service Award, and she was named a Fellow of the American College of Trial Lawyers.



#### Dentinal Hypersensitivity- Etiology, Diagnosis and Management

1:50 pm – 2:50 pm



#### Heather Doucette, Dip DH, BSc, MEd

#### Session Summary

Up to 98% of clients report the presence of dentinal hypersensitivity on one or more teeth. Causes of dentinal hypersensitivity include gingival recession, attrition, abfraction, abrasion, erosion and abnormal tooth development. The most widely accepted theory for the mechanism of action for the resulting pain from dentinal hypersensitivity is the hydrodynamic theory. It is important for dental hygienists to be able to assess for the presence of dentinal hypersensitivity and to offer informed treatment options to clients. This presentation will provide an overview of the causes of dentinal hypersensitivity, methods of assessing DH that allow for monitoring progression of the condition, and treatment options. Explanation of treatment options will include a description of active ingredients in oral care products and their mechanism of action. Additionally, a more in-depth examination of silver diamine fluoride properties, indications, contraindications and benefits will be included.

Heather Doucette is an Associate Professor in the School of Dental Hygiene, Faculty of Dentistry, Dalhousie University. She obtained her diploma in dental hygiene from Dalhousie University in 1994 and joined the Dalhousie University School of Dental Hygiene as a faculty member in 2006. She has served as a content knowledge expert for national clinical competencies, has published research findings in peer reviewed journals, has a published chapter in Wilkins and has presented at local, national and international conferences. She is passionate about improving access to oral care for underserved populations. In 2012, she began an initiative to help meet the oral health needs of new immigrants and refugees to Nova Scotia and in 2018 she forged a collaboration with the Phoenix organization to provide preventative oral care to at risk youth. She is currently completing an Interdisciplinary PhD at Dalhousie University through which she will continue her research into barriers to oral care faced by new refugees to Nova Scotia.

#### Periodontal Classification: What We Need to Know

3:00 pm – 4:00 pm



#### Dr. Haider Al-Waeli, BDS, MSc, PhD

#### Session Summary

The 2017 World Workshop Classification system for periodontal and peri-implant diseases and conditions was developed to accommodate advances in knowledge derived from both biological and clinical research, that have emerged since the 1999 International Classification of Periodontal Diseases. Previous studies indicate that one of the barriers of early accurate evidence-based diagnosis is related to the lack of clear utilization of the clinical guidelines or recommendation for correct periodontal diagnosis; while these guidelines may be clear for the experts in the field. The new 2017 periodontal classification provides new dimensions including different stages and grading which may add more challenges in reaching the diagnosis. Therefore, more efforts have been made to develop and generate decision-making trees that can help the thinking process of the clinician in reaching a diagnosis more accurately and more precise. Introducing the new classification system effectively requires a more accurate method to generate and assign the case to the right diagnosis. Tonneti and Sanz highlighted the importance of having question-based steps to reach the diagnosis. One of the solutions can be building simple and easy electronic tools to implement these decision-making trees, reaching the diagnosis based on the new 2017 periodontal classification. This presentation will walk participants through the new classification based on algorithm decision-making tree with clinical examples using the new website tool developed by Dr Al-Waeli and coworkers to facilitate the implementation of these decision-making trees.

Dr Haider Al-Waeli is a clinician scientist and academician. His academic background and qualifications include a Bachelor's degree in Dentistry and Master's degree in Periodontics. Also, he received the Jordanian Board in Periodontics and holds a Ph.D. degree in Dentistry from McGill University in Canada. Dr Haider is in his final year as a senior periodontics resident at Dalhousie University. Dr. Al-Waeli used to practice as a part time periodontist, besides his full-time job as a university faculty member. He has an extensive academic career of more than 20 years, working in universities around the world; in Jordan at Jordan University of Science and Technology (JUST), Malaysia at the International Medical University (IMU), and in Canada at McGill and Dalhousie Universities. Dr Al-Waeli is a member of many professional and academic associations around the world such as American Academy of Periodontology, Canadian Academy of Periodontology, European Federation of Periodontology, and International Association of Dental research.

## **CC Event Registration Fees**

		Early Bird* (Oct 29, 2021)	After Oct 29, 2021
CC Event: CDHNS Registrant	full day	\$125.00	\$140.00
(practising, provisional, and non-practising)	half day	\$65.00	\$75.00
CC Event: Non CDHNS Registrants	full day	\$145.00	\$160.00
	half day	\$75.00	\$80.00

There is no same-day registration for this event. You must register in advance.

Online registration closes on Tuesday, Nov 16, 2021 at 11:59 pm. Full payment must be received by Thursday, Nov 18, 2021, 11:59 pm, in order to receive the login credentials.

#### **Register Early**

All completed registrations (including payment) received prior to midnight on **Friday**, **October 29, 2021** (11:59 pm) will qualify for the **early bird fees**, for the Continuing Competency Event.

\*There will be a draw for one free registration for everyone who applies and pays, by the early bird deadline.

#### **Cancellation and Refund Policy**

All requests for cancellations and refunds must be received in writing via email to info@cdhns.ca prior to Tuesday, November 9, 2021. No refunds will be issued after that date. Approved refunds will be provided in the manner of the original method of payment, if possible.

#### **Privacy Policy**

Information collected by the CDHNS via the events database system for registration in this event is for registration and communication purposes related to the CC Event.



**College of Dental Hygienists of Nova Scotia** 11-2625 Joseph Howe Drive Halifax NS B3L 4G4 **www.cdhns.ca**